



THE KAGHAN MEMORIAL TRUST HIGH ALTITUDE ENDURANCE TRAINING CAMP

A 10 day training camp in the Kaghan Valley (Altitude: 8,000 feet, 2,500 metres), open to all levels of participants, ranging from amateur mountain bike enthusiasts to professional cyclists who are looking for some tough altitude training.

In aid of the Kaghan Memorial School

SEPTEMBER 4-13, 2011



**10 Day Course
Registration Fee**

US\$ 600 per head

(Includes accommodation, board and transport for 10 days and 9 nights)

**6 Day Course (starting September 8)
Registration Fee**

US\$ 400 per head

(Includes accommodation, board and transport for 6 days and 5 nights)

All participants will use their own mountain bikes for the training, and they will be required to reach Islamabad at their own cost. The deadline for arrival in Islamabad for the long course is noon on September 3, and for the short course, noon on September 7.

For information and registration please contact: info@kmt.org.pk