

# **PUSHY'S BIKE WAREHOUSE**

## **6 HOUR MTB ENDURO**

*Round 5 – Vic Enduro Series  
Nail Can Hill – Albury – 30 June 2012*



### **COMPETITOR BRIEFING**

#### **Sponsors:**

A big thanks to our Major Event Sponsor - Pushy's Albury (2-477 Young St, Albury NSW 2640, ph 02 6041 4388). Pushy's have generously supported this event and deserve our thanks! Thank you also to their partners, Jet Black Products, Giant Bicycles, Finish Line Lubricants, Bellwether Clothing, Crank Brothers and Aussie Butt Cream.

Thank you also to the Albion Hotel Albury for their generous support.

We would also like to thank AlburyCity and Crown Lands NSW for allowing us to host this race on their land.

#### **Competitor Registration:**

Friday Registration will be available at Pushy's Bike Warehouse (Unit 2 – 477 Young St, Albury) between 12:00pm and 7:00pm.

If you are able to register on the Friday, we **STRONGLY RECOMMEND** that you do, as it will make the Saturday morning so much easier for our volunteers. Pushy's are also offering **20% OFF RRP STOREWIDE** on Friday for race entrants, so take the opportunity to pick up a pre-race bargain as well!

Saturday registration will be available at the Event Centre – Range Rd, Albury, from 7:00am until 9:30am. Please note, in order for us to get the race started on time, the 9:30am cutoff will be mercilessly enforced! Please don't expect to be able to roll up at 9:15am, get your camp set up, and register before the race. It simply will not happen.

In order to register, you will need to have signed a Race Waiver (attached to this email). If you are registering for your team, please have the Waiver fully signed by all team members. If you are under 18, please have the waiver signed by a parent or legal guardian.

**PLEASE CHECK YOUR RACE CATEGORY!** Please check to see that you have been entered in the correct category. This is important especially if you are soloing and are close to going up an age group (ie turning 40 or 50 this year). You are eligible to enter the class of your age at 31 December this year – so you may be eligible to race in a different class. We won't stop you racing in Open if you want to – but we won't automatically put you in an age class either. If you are chasing Series points, please also check that you have entered the correct class for your points – these won't be transferred between categories.

On-the-day entry will be available at Pushy's on the Friday, and at Event Centre on the Saturday. On-the-day entries will be \$70 per rider, plus MTBA licence if required.

#### **Car Parking:**

There will be car parking available on Range Rd, and then overflow parking will be available in Logan Rd.

If you are parking in Range Rd, **PLEASE DO NOT** park on the eastern (house) side of the road. This is a residential street, and we need to make sure that the local residents are still able to get in and out of their properties. This will be reinforced by No Parking signs on the street and regular patrols from AlburyCity enforcement officers.

There will be a **DROP OFF ZONE** available at the top of Range Rd. You can drop your gear off at the entrance to the Event Centre, and then park your car and return. Please note that any unattended belongings left at the gate will be at the owner's own risk.

**Day Camping:**

There will be room available for people to erect shelters etc on the Range Rd fire road. Please limit all day camping to these areas. This event is being held in a sensitive area of native bushland, and it is one of our Conditions Of Use that we do not disturb or damage any native vegetation – this includes setting up camp in bush areas.

The fire road between the Range Rd gate and the Event Centre is priority camping for solo riders (this section of fire road will be part of the Solo course) – if you are riding in a team, please camp on the fire road ABOVE the water tank. You will still have easy access to the Event Centre, and as a plus you will be on flat ground.

There will be areas cordoned off as 'NO ACCESS' – please do not camp in these areas! You will be asked to move if you do. Space will be limited in the day camping area – so it would be strongly advised that you try and share a shelter with another person or team for the day. You can never have too many friends – this could be a great opportunity to meet some new people!

Day Camping will be FIRST IN BEST DRESSED. Please don't expect to roll up at 9:15am, get the perfect car park and the perfect camp position. It's not going to happen.

**Race Practice:**

The course will be open for practice from 12pm Friday, and from 7:30am until 9:00am Saturday. The course cannot be ridden on the Friday or Saturday without a number plate being attached. If you wish to ride the course pre-race, please ensure your plate is on your bike.

**Competitor Briefing:**

There will be a competitors' briefing conducted at approximately 9:45am - immediately before the start of the race, when all riders will be required to gather at the start line. We will have a representative from Albury City Council attending to say a few words and officially start the race for us – please make sure you are there so we can show our Council how strong and important mountain biking is.

**Sponsors and Food Stalls:**

There will be a coffee van and fundraising BBQ stall in the Event Centre. Please support them where you can during the day.

Pushy's Bike Warehouse will also be in attendance with a range of products available from Jet Black, Finish Line, Bellwether, Giant and Aussie Butt Cream. Please note, Pushy's won't be providing mechanical support on the day, so please make sure you are self-sufficient in this regard.

Remember to bring cash with you as there are no ATM or EFTPOS facilities on site.

**Race Start:**

The Pushy's 6 Hour will start at 10:00am. The race will start 'under control' with a 'mass start' involving all solo riders and one member from each team in the event.

The first lap starts with a fire trail climb to the summit and then uses the same single trail as the rest of the race back to the start/finish line.

The start will be self seeded. All riders are encouraged to be sensible about your skills, speed and position for the start. You will be climbing approximately 1 kilometre on firetrail, so please position yourself on the starting grid accordingly.

### ***The Course:***

The course is approximately 10km in length, with approximately 180 metres of climbing per lap. This will provide plenty of opportunity for riders to eat and drink on the fly. The course is achievable by all competent riders.

The course will be fully marked and all riders must follow the marked course without taking any short cuts. Bunting, arrows and signs will indicate key areas and directions to ensure you do not get lost. There will be crosses 'X' at some intersections along with red and white barrier tape across some trails which indicate that you are going the wrong way.

All intersections will be clearly marked with tape and or arrows along tracks to confirm that you are on the right route.

'Caution' signs or signs with multiple arrows pointing down indicate that there is a difficult or technical section ahead and that you should definitely slow down and take care ahead. There are two sections of track that will present a technical challenge, so please keep your eyes peeled for the double down arrows and take care.

There will be a number of Marshalls on course, all with radio contact with Event Staff. If you come across a rider that requires assistance, please stay with that rider, and direct the next person around to report the incident to the next Marshall. The Marshall will then be able to contact Event Staff so that appropriate assistance can be rendered.

### ***On Course:***

Please remember that this is mass participation event. There will be riders of all shapes, sizes and riding abilities on course. Please help us make sure that they have a great experience and want race again in the future!

A note about passing etiquette – If you are approaching a rider who is moving slower than you that you intend to pass – please call out loudly "TRACK when you're ready" or words to that effect. Please make sure you call it out clearly and loudly – if the rider ahead can't hear you, they can't let you pass.

Once the rider in front has acknowledged that they have heard you, it is up to them to find a spot where it is safe for you to pass. Once they have found a suitable location, they will advise which side they would like you to pass on – ie 'ON MY RIGHT' or 'ON MY LEFT'. If you are the rider being passed, you will probably find it easiest to move to the uphill side of the track when you are letting a rider through, as it will allow to keep your momentum when you resume your riding line.

To summarise: The faster rider should pass ONLY when it is safe to do so. They should not expect a slower rider to ride off the trail or stop to let them by. When a safe passing opportunity presents itself the faster rider can then pass, and the other rider should let them pass.

### ***The Finish:***

The finish of the race will be 6 hours after the start of the race.

In order to finish the race, you (or your team) need to complete a minimum of one lap. If you finish a lap and cross the start/finish line before the 6 hour time limit is up, you (or your team) are eligible to start and complete the next lap.

Laps cannot be started once the 6 hour time limit is up.

### ***Post Race:***

Race presentations will commence approximately 15 minutes after the final rider completes the course. Please make the effort to stay after the race and cheer on our category winners.

We will also be drawing the winner of the 2012 Giant Anthem 29r 1 – with thanks to Giant Bicycles and Pushy's Bike Warehouse.

Every rider that entered the race on-line is in with a chance to win this bike – but to win the prize you also need to be at the Presentation ceremony. Got to be in it to win it!

### ***Transition and Feed Zone Arrangements:***

Team rider transition will be located immediately after the timing tent. There is no baton that needs to be passed between riders, however we do require physical contact between the rider finishing their lap and the rider starting their lap – hand slap, back slap etc. Please don't be tempted to ride out as soon as you see your rider coming in – this isn't fair to anyone.

The solo course will be approximately 400 metres longer than the team course. This will allow the solo competitors to ride past their tent for food and mechanical support (if need be). The entrance to this section will be clearly marked and marshalled. All solo riders will be required to ride this section of track, every lap, whether or not they need to pit. The extra section of track is not to be ridden by team riders

There is no water available on site – please be self sufficient.

### ***Designated Support Area:***

Solo competitors may only receive external support from support crew within the confines of the Solo Feed Zone. This area is defined as any section along the Range Road Fire trail leading up to the timing tent.

### ***Rubbish:***

There will be rubbish and recycling bins stationed around the venue. There will also be a rubbish bin located at the top of the course, so you can offload all those sticky gel wrappers in your back pocket or under your knicks.

Please remember that we are racing in a sensitive area of native bushland, so we need to be responsible citizens and do our bit for the environment. Please do not dump gel wrappers, tubes, CO2 cartridges etc out on the track. Likewise, around the Event Centre, please do not leave rubbish around – put it in a bin!

In summary - Nail Can Hill is a 'pack in, pack out' area. If you bring it out, please either put it in a bin, or take it home with you.

### ***Mobile Telephone Coverage:***

There is good mobile phone coverage with most networks across the entire course.

### ***Post Race Meals & Entertainment:***

We reckon you're going to need a feed and maybe a little rehydration after the event - especially if you've been riding for 6 hours!

We recommend the Albion Hotel, 593 Dean St, Albury. Great meals are available at great prices, and if you feel like getting out and about on the Friday or Saturday night, the Albion Hotel is your destination of choice!

So, post race, go home (or back to your hotel) and clean up, and then come and have a beer and a chat with the local team who put on this great event.

And if you're feeling like turning over the legs on Sunday, Pushy's Bike Warehouse will be hosting a Demo Day from 10am. This will be located at Range Rd, Albury – back at the Event Centre. Jake and the crew will have both MTBs and road bikes available for demo. Check them out and you might pick up a sweet deal!